

Fit as a Bell with Mel!



10 Week fitness program

Tuesday nights 6:45 – 8:00 pm

Starting September 20

Maryhill Community Centre

58 St. Charles St. E

Register on line at www.woolwich.ca

Info/registration Tue. Sept 13th 6:45 pm

at Maryhill Community Centre

Contact Dave Ruetz 519-669-7047