The Grand Valley Trail is a marked footpath of about 275 kilometres which generally follows the Grand River.

34 km linear trail in Woolwich Township
- 8.5 km in Section 1
- 12.3 km in Section 2
- 13.3 km in Section 3

Permitted Uses: hiking, bird watching

The Grand Valley Trail is a marked footpath of about 275 kilometres which generally follows the Grand River through Haldimand County, Brant County, Waterloo Region (including Woolwich), Wellington and Dufferin Counties and Peel Region. About 34 kilometers of the Grand Valley Trail fall within the boundaries of Woolwich Township. The trail follows the river valley from Breslau in the south, through Bloomingdale, Winterbourne and West Montrose to the Woolwich/ Centre Wellington townline in the north. This trail is a combination of natural footpath, gravel shoulder, pavement and gravel road. White blazing marks the trail. There are some boardwalks, log bridges and stiles over fences. Some areas are wet and some portions of the trail on land adjacent to the river may flood seasonally. Use caution in these areas in these times.

This trail is not winter maintained.