Trail length: 1.5 km Linear
Permitted uses: hiking, biking, bird watching

The trail follows the division and reunion of the Conestogo River entering St. Jacobs from the west. It dates back several generations and is known locally as "Lovers Lane".

The Mill Race Trail is an easy, level, stone-dust trail that parallels the mill race diversion of the Conestogo River from the old Snider Mill in St. Jacobs, upstream to the dam at Three Bridges Rd. west of the village. Proximity to the village, and the hard-packed, level, stonedust trail surface makes it ideal for hikers of all ages. Seasonally, baby strollers can be maneuvered quite easily on the trail.

This trail is not winter maintained.