



MEDIA RELEASE

For immediate release

April 16, 2021

Waterloo Region under additional provincial restrictions

Waterloo Region – Today the Province of Ontario announced it is imposing additional restrictions throughout Ontario.

“The situation in Ontario is extremely serious. Our health care system's capacity is threatened. Cases, hospitalizations, and sadly, deaths, will continue to rise and rise quickly unless we significantly reduce our mobility and limit our contacts further,” said Dr. Hsiu-Li Wang, Medical Officer of Health.

“To protect ourselves, and each other, we all must stay at home as much as possible, minimize close contacts, and continue to follow all public health precautions diligently and consistently to slow the spread of COVID-19.”

Restrictions can be very difficult and may present hardships for our community.

Residents are reminded to stay connected virtually and be mindful of feelings of isolation. If you or someone you know needs help, remember that local mental health support is available.

Local, professional mental health support is available from Here 24/7 at 1-844-437-3247.

For more information on today’s announcement, see Ontario’s [strengthening of stay-at-home order announcement](#).

www.regionofwaterloo.ca

www.kitchener.ca

www.waterloo.ca

www.cambridge.ca

www.woolwich.ca

www.wilmot.ca

www.wellesley.ca

www.northdumfries.ca

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